

SHAC Meeting Minutes  
Millsap ISD  
May 15, 2017

The meeting was called to order at 4:00 p.m. The meeting was held in the Elementary School Library. Members present signed in. Mrs. Bradshaw, Elementary Principal, was also present. This was the last meeting of the 2016-2017 school year.

Debra Gass from Resource Recovery Council spoke to the committee about the Lifeskills Training Program. This is a program Ms. Gass is willing to provide to MES. This program is funded thru a grant for Parker County. This prevention program is evidence based and is given in a classroom setting. Ms. Gass' program is typically a 45 – 60 minute session given once a week. However, Ms. Gass is very flexible concerning the schedule.

Ms. Gass' program is very interactive with the students. She uses visual aids and also hands out prizes to the students so they will remember her program.

This prevention program for elementary students has 8 lessons:

1. Self Esteem
2. Decision Making
3. Smoking Information
4. Advertising
5. Stress
6. Communication Skills
7. Social Skills
8. Assertiveness

SHAC members contacted other school districts who have used Ms. Gass and they all had positive feedback and would highly recommend her. Everyone stated that Ms. Gass was very professional and competent in the information she provides for the students.

The SHAC committee agreed that this program would be great for Millsap to implement. This information will be provided to Mrs. Bradshaw for her approval to use on her campus.

Meeting adjourned at 4:45 p.m.